

# JANUARY PREPAREDNESS

## Get Organized • Water Storage • Beverages

*"organize yourselves; prepare every needful thing"*

Make 2018 the year you prepare for emergencies! Here are some ideas of items to gather into your 72-hour kits, food storage, and other emergency supplies.

### EMERGENCY DRINKING WATER

Keep a minimum of 14 gallons per person

### 72-HOUR KIT

Find a 72-hour kit container(s), add a 3-day supply of food & water, toilet paper, deodorant & shampoo

### 1-MONTH NON-FOODS

toilet paper, unscented bleach to purify water, deodorant, shampoo/conditioner, soap/body wash

### 3-MONTH SUPPLY FOODS

evaporated milk, nonfat dry milk, cocoa drink mix, fortified fruit drink mix, and bottled juice

### YEAR'S SUPPLY FOODS

LDS Nonfat Dry Milk, 9 LDS pouches or 16 lbs.

Has a 20 YR shelf life. Use as a beverage or in baking.

### FINANCIAL RESERVE

save a little money each week and gradually increase it to a reasonable amount.

### EMERGENCY EQUIPMENT

emergency preparation book, manual can opener, water storage container, pliers

## GOT MILK?

Add dry milk to oatmeal, mashed potatoes, puddings, white sauces, soups, and waffles.



1 C water + 3 T dry milk = 1 cup milk

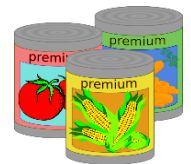
3 1/2 C of water + 1/2 C dry milk = 1 qt. milk

## PREPAREDNESS CLASS!

**Wednesday, January 10th at 7 pm**  
in the Relief Society room.

Our emergency coordinator, Bill Stimpson, will teach us how to correctly store water, and I'll show you how to prepare to evacuate. Spouses invited and refreshments served!

## PREP IDEA



Time to get your food storage under control by tossing out old expired cans and boxes and straightening your shelves. Group similar items together, and make a list of what you have so you'll know what you *really* do need.

## GROUP PREP ORDERS



Each month, we'll offer several preparedness items for sale. Watch for the sign up sheet at church.

- LDS Non-fat Dry Milk pouch \$4.50
- LDS Cocoa Drink Mix pouch \$4.25
- LDS Berry Drink Mix pouch \$3.50
- Food Storage Book: "Store This, Not That" \$16.85
- Water Filtration Bottle & Filter \$15.00
- 5-gallon Stackable Water Container \$15.00
- 55-gallon Water Barrel \$50.00